



PARIJATHAM  
WOMEN WELLNESS CLINICS

SCREENING for  
**BREAST  
CANCER**



WHAT BREAST CANCER CAN LOOK & FEEL LIKE



[www. hyderabad gynaecology. com](http://www.hyderabadgynaecology.com)

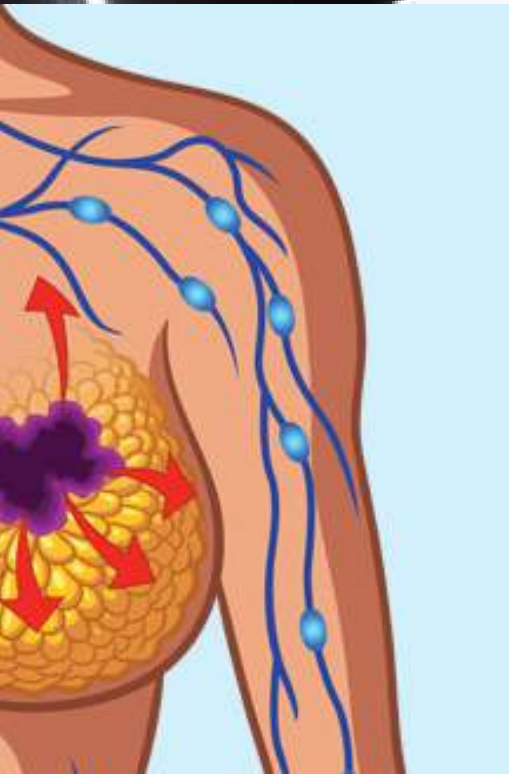
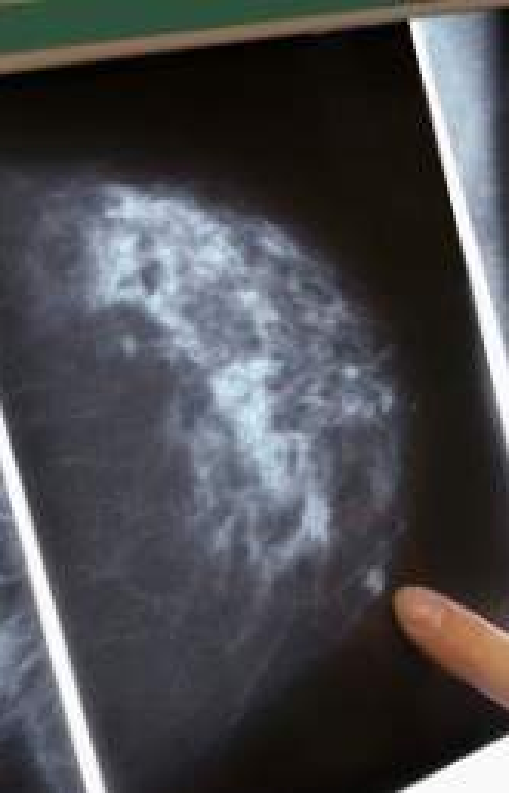
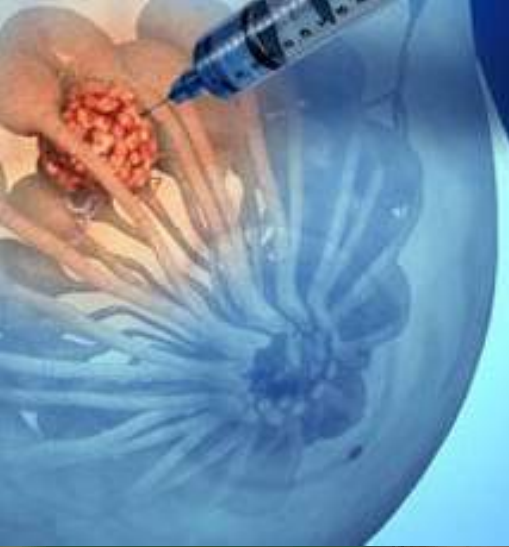
A cancerous lump is often hard and immovable, like a lemon seed.

*Just in India!*

1,40,000 New Cases

YEAR  
2012

70,000 Deaths



After all . . . .

# ITS YOUR LIFE! YOU NEED TO TAKE THE STEP !

## DR BABITHA MATURI

Today, Breast cancer is a leading cause of death in Indian woman. 1 in 28 women are diagnosed with breast cancer in India. More than 50 percent of indian women present with breast cancer in a advanced stage making it difficult for achieving a cure.

Breast cancer is a disease commonly seen around 50 years of age. Most importantly, the commonest presentation is a PAINLESS lump. Patients occasionally present with nipple discharge, skin changes and sometimes with swelling in the armpit.

## LET'S TAKE THE LEAP!

### *Screening for Cancer !*

Lump in the breast is a very common symptom in women. Hormones not only influence the uterus in each menstrual cycle but also the breast tissues. So breast undergoes changes with each cycle which over a period of time result in thickening of tissues, formation of fluid filled cysts and sometimes solid lumps called fibroadenomas. All these changes happen in all women and these are non cancerous.

Unfortunately, even malignant changes also present with similar changes and we need to do tests like FNAC and Ultrasound to differentiate.

Screening tests are done on COMPLETELY NORMAL WOMEN who have no symptoms around 40 years age group.

Tests like Screening Mammogram and Ultrasound are used to detect changes in breast much before they cause symptoms.

## SCREENING TESTS

SONO MAMMOGRAM  
SCREENING MAMMOGRAM  
MRI BREASTS

## WHEN & HOW

Women above 35 should be aware breast cancer symptoms and around 40 should undergo annual mammograms. Frequency of mammograms can be reduced if screenings tests appear normal.

For latest Recommendations for screening , advised to check WWW NCCN.ORG .

" Screening is done on normal individuals without any symptoms to detect cancers at a very early stage. Screening saves lives! "

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Level 2, West World, Above Karachi Bakery Shaikpet