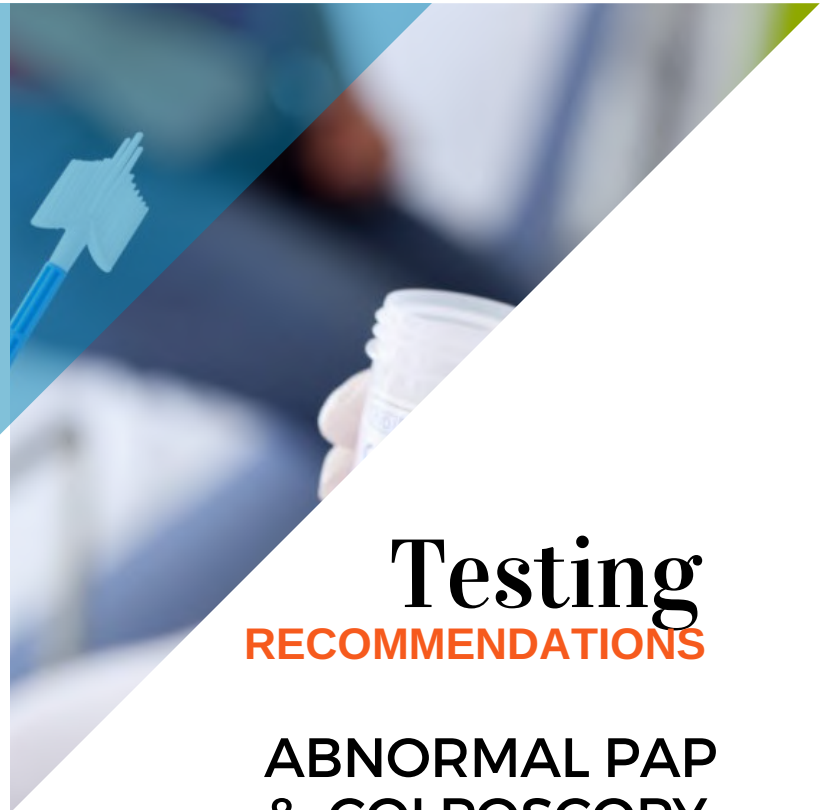




**PREVENT
CERVICAL CANCER**

Let's Take Charge !

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Testing
RECOMMENDATIONS

**ABNORMAL PAP
& COLPOSCOPY**

When & How?

PAP SMEAR TEST IS PAINLESS !
AN OUTPATIENT PROCEDURE !

Pap Smears



What is Pap Smear?

Cervix is the lower most part of the uterus. It can be reached through the vagina and cancer can develop on its surface. Since cancer starts on the surface, it can be detected early by studying the surface cells. Pap Smear involves collection of these surface cells by a brush and the cells are examined under microscopy for cancerous changes.

How is pap smear Done?

Pap smear is done in outpatient setting, and is not painful. Patient can come to clinic by appointment, will be examined by the gynaecologist and cells will be collected using a brush and the cells are transferred to a container and sent to the lab.

Precautions !

Test is done when the women is not menstruating and when there are no active infections.

Patient can go home immediately and no particular precautions to be taken.

It will take 2- 3 days for the report and the results can be discussed with the doctor for further plan of action.

Who needs Pap Smear ?

Women

Aged 21 -65 - Pap Smear once in 3 years - **OR**

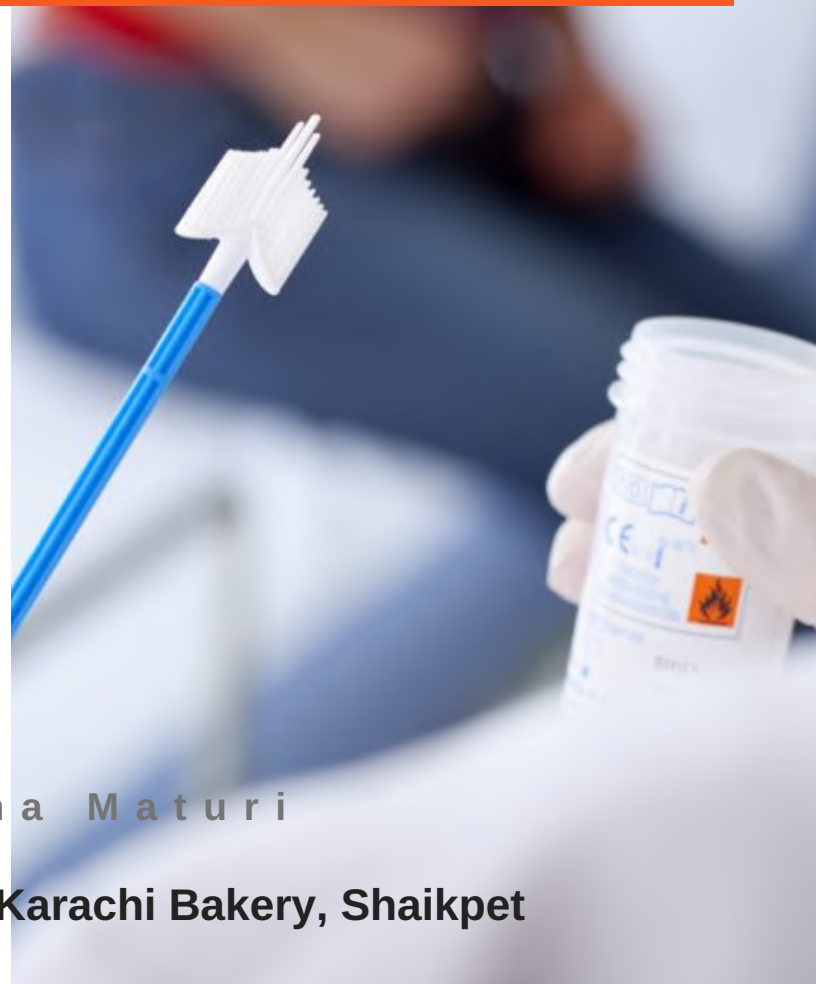
Aged 30 -65 - Pap+ HPV once in 5 years

CAUTION

NO PAP SMEAR TESTS BEFORE 21 YEARS

NO HPV TESTING BEFORE 29 YEARS

Abnormal PAP Smear Requires COLPOSCOPY & Biopsy !



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